

# Weekly Job Postings Room Rentals & Items For Sale



## Licensed Massage Therapist (Independent Contractor)

### Amsterdam, NY

Contact Name: Christie Roth

Phone Number: 518-774-0891

Email: [christieroth@betterbalancemt.com](mailto:christieroth@betterbalancemt.com)

Better Balance Massage Therapy is seeking a licensed massage therapist for our busy, growing practice. The office is in an excellent location with high visibility. Candidates will have the flexibility to make their own hours, enjoy a relaxing atmosphere and be part of a great team. Sheets, blankets, washer/dryer, and booking software provided. Insurance is required. Owner is a licensed massage therapist and has been practicing since 2014. Please send resume to [christieroth@betterbalancemt.com](mailto:christieroth@betterbalancemt.com).

## Furnished Treatment Room for Rent

### Colonie, NY

Contact Name: Debra Goodman

Phone Number: 518-944-0314

Email: [dg.mspt@gmail.com](mailto:dg.mspt@gmail.com)

Furnished Treatment Room  
Available in Manual Physical  
Therapy Practice

## Oakworks Massage Table Package

### Hadley, NY

Contact Name: Lisa Martino

Phone Number: 518-312-9800

Email: [lisa.martino228@gmail.com](mailto:lisa.martino228@gmail.com)

Oakworks Nova Massage Table Package- \$750. Package includes: ~Oakworks table (31' width) with plush foam padding, face cradle, and attached adjustable arm rest. Color: Heron Blue ~Matching bolster ~Oakworks travel carry bag ~Oakworks table cart ~Adjustable height stool Table is in excellent condition! Please call or text Lisa at (518) 312-9800.



## Massage Envy Spa Manager!

### ***Niskayuna, NY***

Contact Name: Meghan Wilson – Hiring Director

Phone Number: 315-877-8360

Email: [meghan.wilson@massageenvy.com](mailto:meghan.wilson@massageenvy.com)

Clinic Manager Job Description

PRAYUS Group d.b.a. Massage Envy

### **Where Better Careers Begin!**

Massage Envy - Niskayuna: 410 Balltown Rd., Schenectady, NY 12304

**Are you a natural leader who loves to inspire others to succeed?** At the Massage Envy Niskayuna franchise, we support you to be your best while you inspire a team of caring professionals to deliver an excellent experience that will help others feel their best.

### **Perks & Pay:**

- Salary starting at **\$58,000 annually** plus bonuses and incentives
- **Healthcare** including supplemental insurances such as Dental, Hospital Accidental and more!
- **FREE Revive Telehealth Urgent Care Insurance**
- Discretionary matching **401(k)**
- **Vacation Pay and Sick Pay**
- Employee Assistance Program
- A **flexible schedule** for a better work/life balance
- In-depth product and service **training**
- Employee membership and service discounts
- **30% off** all Skin Care products and **15% off** all other retail

### **Qualified Candidates:**

- Have management and sales experience, preferably in a personal service environment such as a spa, salon, or gym. Massage industry experience is a PLUS but not required
- Are natural leaders who can build relationships while motivating, coaching and supporting a team
- Can have tough conversations in a professional and constructive manner
- Can create a strong workplace culture where all employees feel valued and recognized, issues are resolved quickly and fairly, and everyone feels connected to the mission
- **Goals and performance driven to set the example for a team**
- Prioritizes tasks to accomplish all action items in a timely fashion
- Is able to educate guests on our Wellness Program and close at a 20% or higher

### **Day-to-Day:**

- Manage all operational aspects including driving memberships, promoting retail sales, guiding the team, managing deposits, overseeing inventory, ensuring compliance with all laws, etc.
- Strive for continuous growth by setting goals, prioritizing work and analyzing business performance
- Effectively resolve customer challenges while maintaining a safe and therapeutic environment
- Empower team members to improve and grow by setting clear expectations, providing ongoing training, and reviewing performance regularly
- Develop positive relationships and build confidence with employees, members, and guests

### **Culture & Support:**

- Award programs (like Manager of the Year)
- Leadership Training and Development that is invested in YOUR success
- A caring community that strives to celebrate individuality and share knowledge

If you're ready to lead the charge to help people feel their best, we can't wait to meet you.

# Weekly Job Postings Room Rentals & Items For Sale

## Massage Chair for Sale

### Albany, NY

Contact Name: Susan Longtin

Phone Number: n/a

Email: [slongtin1@gmail.com](mailto:slongtin1@gmail.com)

Strong Lite massage chair for sale with case. \$150. You pick up in the Albany area.

## Massage Therapist

### Schenectady, NY

Contact Name: Mary Clare Oconnor

Phone Number: 518-894-7086

Email: [maryclare.oconnor@gmail.com](mailto:maryclare.oconnor@gmail.com)

**\*\*Join Our Healing Community as an Independent Massage Therapist!\*\*** 🌿 Are you a passionate and skilled massage therapist looking for a supportive and beautiful space to practice your craft? Look no further! We're seeking dedicated therapists to join our team at Inner Bliss Yoga & Wellness located in The Stockade Inn, a peaceful haven in Schenectady. **\*\*About Us:\*\*** 🏠 **\*\*Location:\*\*** Inner Bliss Yoga & Wellness in The Stockade Inn, 1 N Church Street, Schenectady, NY 🌸 **\*\*Atmosphere:\*\*** Tranquil and welcoming 🏠 **\*\*Setting:\*\*** Beautiful space with a neutral default setting, open to personalization 📁 **\*\*Position:\*\*** Independent Contractor Massage Therapist **\*\*Why Choose Us?\*** 🌿 **\*\*Supportive Community:\*\*** At Inner Bliss, you'll be part of a nurturing and collaborative environment. Our community is dedicated to helping each other thrive. 🏠 **\*\*Beautiful Space:\*\*** Our serene and elegant setting creates the perfect ambiance for relaxation and healing. You have the freedom to personalize the space to suit your unique style when in use. 🏠 **\*\*Independence:\*\*** As an independent contractor, you'll have the freedom to manage your own schedule and build your client base while enjoying the benefits of a shared space. **\*\*What We Offer:\*\*** 📣 **\*\*Marketing Support:\*\*** We help promote your services and connect you with potential clients. 📅 **\*\*Flexible Hours:\*\*** Work the hours that suit your lifestyle and availability. We operate on a tiered level of commitment in 3 or 4 hr. blocks of time slated on a shared google calendar. 🛡️ **\*\*Secure Environment:\*\*** Your safety and security are our top priorities. **\*\*Requirements:\*\*** 🎓 **\*\*Certified Massage Therapist:\*\*** Must be a licensed massage therapist. 👩 **\*\*Professionalism:\*\*** Maintain a high level of professionalism and respect for clients. 🧼 **\*\*Hygiene:\*\*** Follow strict sanitation and hygiene protocols for the safety of all. 🤝 **\*\*Team Player:\*\*** Be willing to collaborate and contribute to our community. Join our team and enjoy the benefits of being part of a holistic wellness community in a beautiful, customizable space. Grow your massage therapy practice in a supportive and peaceful environment. \*To apply or learn more, please contact us at 518 894-7086 \*Take the next step in your massage therapy career, and find your sanctuary at InnerBliss. We look forward to welcoming you to our community!



# Weekly Job Postings Room Rentals & Items For Sale

## Independent Contractor Position for NYS LMT

### Saratoga Springs, NY

Contact Name: Joanie Smith

Phone Number: 518-366-1500

Email: [mysaratogachiropractor@gmail.com](mailto:mysaratogachiropractor@gmail.com)

Saratoga Sports Massage is a state-of-the-art, modern facility located in a medical office setting next to the Spa State Park in Saratoga Springs. We are looking for a highly skilled NYS licensed massage therapist to join our team of independent-contractor LMTs. As an independent-contractor you would enjoy the flexibility of choosing the hours and days that you wish to work. You have the option to work at other facilities - we do not require a non-compete clause. Saratoga Sports Massage has a huge base of clients, heated electric tables, on-site laundry and ample parking. Our booking system is easy to learn and sends the therapists and clients appointment reminders. If you are interested in joining our team, please send cover letter and resume to [MYSARATOGACHIROPRACTOR@GMAIL.COM](mailto:MYSARATOGACHIROPRACTOR@GMAIL.COM)

## Treatment Rooms Available for Rent

### Cromwell, CT

Contact Name: Cliff Tendler

Phone Number: 917-297-3455

Email: [support@bgnutritioncenter.com](mailto:support@bgnutritioncenter.com)

Battleground Nutrition (BGN) has several treatment rooms available for rent in our Cromwell CT location. BGN is offering message, stretch and sports therapists a cost-effective solution to build their personal brand and establish a client base, without incurring the high cost of launching a practice in a dedicated facility or office. Please contact [support@battlegroundnutritioncenter.com](mailto:support@battlegroundnutritioncenter.com) for more information.

## Licensed Massage Therapist

### Kingston, NY

Contact Name: Sheri Herskovits

Phone Number: n/a

Email: [sshrecruiting@gmail.com](mailto:sshrecruiting@gmail.com)

### **Job description**

#### **How we are:**

- Wouldn't you love to find your next and last massage therapy job? Beautiful and busy spa in Kingston, is looking for career minded massage therapists. New grads and seasoned therapists are welcome
- We will sponsor you, as well
- So many perks. Best part is the owners care and are excited to see you learn and grow! Excellent and healthy work environment. Get rewarded for your success and get frequent performance reviews
- Most therapists will be booked 70% of the time within a few weeks. . Must be available one weekend and at least one evening.
- Can't wait to tell you more!!!
- Part-time, Full-time, evenings and at least one weekend day.

#### **Compensation and Benefits**

Salary: From \$30.00 per hour to start.

Benefits: For only 25 hours!

- Medical, Dental and Vision
- Employee discount
- Paid time of

**We look forward to connecting!!!**

**Resumes are being accepted at:**

**[SSH Recruiting@gmail.com](mailto:SSH Recruiting@gmail.com)**