Weekly Job Postings
Room Rentals
& Items For Sale

Licensed Massage Therapist

New Paltz, NY

Contact Name: Christine Hall
Phone Number: 845-389-9003
Email: christinehallemail.@yahoo.com
Salary: $70-100

Therapist needed in a busy practice at Water Street Market in New Paltz, NY. There are shifts available; Monday, Friday, and Saturday evenings, Tuesday mornings, and all day Sundays. We offer training in prenatal, hot stone, and Reiki.

Room Rental

Cohoes, NY

Contact Name: Brittneey Filuta
Phone Number: **(518) 646-3229**.
Email: **Info@Theunfilteredspa.com**
Salary: Rental $800/month

My name is Brittneey Filuta, and I am the owner of The Unfiltered Spa, located in Cohoes, NY, just down the road from Guptill's Roller Skating Arena.

•I currently have a private room available for rent within my spa and was encouraged to reach out to the Center for Natural Wellness in case any current students or alumni are looking for a space to begin or grow their practice.

The rental cost for the space is $850/month with 12 month lease. This includes first month free rent but open to discussing 6 month options!

Please feel free to reach me by email at Info@Theunfilteredspa.com
or by phone at (518) 646-3229.

Free Cupping Set

Clifton Park, NY

Contact Name: Sarah Runion
Phone Number: 845-337-7886
Email: sarahrunion@msn.com
Salary: Free

I have a free set of MMT Cups with the pump. There is 1 extra-small, 2 small, 1 medium and 10 large cups. The set is missing 3 large cups. These are gently used and free to take.

Licensed Massage Therapist

Wynantskill, NY

Contact Name: Julie Palmer
Phone Number: 518-210-4373
Email: **juliep08@outlook.com**
Salary: $200/ week room rental for full time. Willing to discuss part time as well.

AnaVia Massage & Wellness is looking for a Licensed Massage Therapist to rent a treatment room.

*Fairly newer building with fully furnished massage room except massage table.
*High traffic area, located near Target(550 3rd Ave. Ext, Rensselaer, NY) Across from Yankee Trails Lots of !!
*LMT is responsible for providing lotions and linens, but there is a washer & dryer on site, which therapist can use.

Check out our Facebook page for more photos and information.
If interested, or for more details, please contact
anavia,massage@yahoo.com

Spa Treatment Practitioner

Hudson, NY

Contact Name: Pocketbook Hudson
Phone Number: 518-660-0885
Email: baths@pocketbookhudson.com
Salary: Up to $130,000 plus tips

Pocketbook Hudson is a new experiential hotel in a restored 1883 mill factory just off Warren Street. The property includes 46 guest rooms and suites, a bathhouse and spa, a restaurant, a café, an event space, and a nightclub. Our service style is built on kindness and collaboration, executed with excellence.
The role:
Deliver safe, intentional, personalized spa treatments that reflect our service philosophy and wellness standards. You'll lead thoughtful consultations, follow treatment protocols, collaborate with our team on treatment flows, and keep treatment spaces clean and well-prepared. You'll also take part in our Creative Labs, paid group sessions where practitioners share ideas, learn from one another, and help shape the evolution of our offerings

Requirements:

Active New York State license (Massage Therapy or Esthetics/Cosmetology)
Strong knowledge of anatomy, physiology, and wellness practices within your scope of licensure
Excellent interpersonal and communication skills
Ability to handle multiple treatments per shift while keeping quality and presence consistent
Flexible availability, including evenings, weekends, and holidays
Willingness to collaborate and align with our values and style of service
Preferred, not required:
CPR/AED certification Previous spa, bathhouse, or luxury hospitality experience (not required)

Growth, training & creative labs:

We invest in our team's development and pay for the time. Continuing education and collaboration are built into the work through our Creative Labs, where practitioners explore new techniques, trade ideas, and refine treatment experiences together. As part of onboarding and ongoing training, all team members take part in:
An initial session demo (paid), An initial strategy session to set offering format and/or rates (if hired), Brand Training (paid), Care Philosophy and Accessibility Training (paid), Group Creative Labs (paid)
Regular One-on-One Feedback & Support sessions

You are: Collaborative, curious, kind, attentive, and grounded.
Please note: Treatments stay within your licensure scope, use approved products and modalities only, and follow all sanitation and professional boundary standards.

Apply Here: https://docs.google.com/forms/d/e/1FAIpQLSc80WyZSbomQHAThxxH-w9QSGVpzzEEftbkpa3bhU5NIMeyHQ/viewform

Massage Therapists

Ballston Lake, NY

Contact Name: Kimberly
Phone Number: 518-469-4761
Email: bellananiny@gmail.com
Salary: $30,000-$50,000/yr

Begin Your Massage Therapy Journey with Sorella Spa & Wellness!
Are you a passionate massage therapist looking for a welcoming, relaxing environment where you can grow your skills, build your clientele, and make a difference in the lives of others? We offer a warm, supportive spa environment where relaxation, wellness, and exceptional client care are at the heart of everything we do.

What We Offer:
Commission-based compensation with excellent earning potential, Flexible scheduling to accommodate your availability, A beautiful, professional spa setting
Opportunity to build and grow your own clientele
A welcoming and supportive team environment
Opportunity for both newly licensed and experienced therapists

Compensation: Estimated earning potential of $30,000–$60,000+ annually, depending on schedule, bookings, and commission.

Who We're Looking For:
Licensed Massage Therapist (or soon-to-be licensed graduate), Passionate about wellness and helping others, Professional, dependable, and client-focused, Someone who enjoys being part of a positive team

Whether you are just beginning your massage therapy career or looking for a new place to grow, we would love to meet you!

Licensed Massage Therapists

Albany, NY

Contact Name: Sejin Klohe
Phone Number: 518-859-4648
Email: beatialbany@gmail.com
Salary: $250-$280 per day

Location: Downtown Albany, NY
Position: Part-Time Massage Therapist
Start Date: December 1, 2026
Schedule: Approximately one 8-hour shift per week
We are seeking a licensed Massage Therapist to join our acupuncture clinic in Downtown Albany. The ideal candidate is professional, dependable, efficient, and comfortable providing focused therapeutic massage in a busy clinical setting.

Responsibilities & Duties

Provide 10–15 minutes of problem-focused massage to patients based on their individual health concerns and treatment needs.
Work collaboratively with the acupuncturist and clinic staff as part of an integrated care team.
Provide professional, courteous, and patient-centered care.
Maintain a clean, organized, and professional treatment environment.
Manage treatment time efficiently while maintaining quality of care.
The expected patient volume is approximately 18–23 patients per shift.
Massage time may vary depending on the number of patients scheduled and the clinic's daily workload.

Qualifications & Skills

Must hold a current New York State Massage Therapist license and registration.
Must provide current proof of licensure and registration.
Previous experience in a clinical or healthcare setting is preferred.
Strong professionalism, reliability, and work ethic.
Excellent communication and interpersonal skills.
Ability to work effectively as part of a healthcare team.
Strong time-management and organizational skills.
Comfortable working in a fast-paced clinical environment.
Ability to provide focused therapeutic massage within a short treatment period.

How to Apply
Please submit your resume for consideration. beatialbany@gmail.com

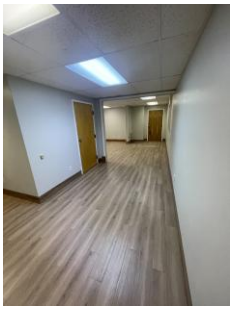
Sublet in a Chiropractic Office

Oneonta, NY

Contact Name: George Etzl
Phone Number: 607-431-9191
Email: g-etzl@hotmail.com
Salary: Rental $1,000/month negotiable

Massage Therapist Opportunity & Professional Office Space Available – Oneonta, NY

Etzl Chiropractic Center is offering an excellent opportunity for a licensed massage therapist interested in establishing or expanding an independent practice in a professional healthcare setting. Approximately 700 square feet of recently renovated professional space is available within our established chiropractic office in Oneonta, New York. The spacious, open L-shaped layout offers flexibility for treatment space, client reception and other professional uses. The suite has a separate interior entrance, providing separation from the chiropractic treatment area.





Rental Features:
Approximately 700 square feet of renovated space
Large, open and versatile L-shaped floor plan
Separate interior entrance
Heat, electricity and Wi-Fi included
Shared bathroom access
Location within an established healthcare practice
Rental Rate: $1,000 per month negotiable
Employment Opportunity Also Possibly Available

In addition to offering the space for sublease, we are also open to hiring a licensed massage therapist to join our practice. Compensation will be commensurate with experience. This may be an attractive opportunity for someone who would prefer to work within an established healthcare setting rather than take on the responsibilities of operating an independent practice.

Whether you are an experienced massage therapist looking for a professional location of your own or interested in joining an established chiropractic practice, we would welcome the opportunity to speak with you.

Weekly Job Postings
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Room Rental in Chiropractic Office

Delmar, NY

Contact Name: Amy Cunningham
Phone Number: 518-956-4877
Email: amyec89@icloud.com
Salary: Shared Room Rent - $400

Location: Delmar chiropractic office, Delmar, NY

Great location and professional atmosphere *On-site laundry *Sheets and blankets available, if needed *Build your own business and practice *Room is fully furnished with an electric table *Off street parking

Amy is seeking to share her room with a fellow licensed massage therapist who is compassionate, professional and personable. Please, contact Amy if interested.

Room Rental in Chiropractic Office

Clifton Park, NY

Contact Name: Andrea
Phone Number: 518 383-2829
Email: info@apuredayspa.com
Salary: See details below

A Pure Day Spa in Clifton Park has a great opportunity for a massage therapist. One of my massage therapists is leaving after 19 years here. She has an established client base and would be willing to spend some time with the new person. It is a part-time position as she only works Wednesday and Friday. It could also be full time, but I think the likelihood is better of getting a part-time person. Current LMT combines several techniques in her massages i.e. lymphatic drainage, deep tissue etc.

Salary would be commission based on cost of service, for experienced therapist 50%. Room rental would be $175-200 per week.

Small Busy Spa Looking for Massage Therapists

Poughkeepsie, NY

Contact Name: Kiki
Phone Number: 845-337-7886
Email: kiki@thelittleowlspa.com
Salary: $50-$80/hr + tips

Busy, clean and popular day spa is in need of 2 therapists and running interviews. We have daytime, evening and weekend hours. Massage is in high demand.

Our commission rate is 50/50 + tips without fees taken out.
No product fees or room use fees.
Our massage prices are $70/30 min, $125/hr and $170/90 minute massages.
We have add ons such as hot stone, aromatherapy, and cupping if you have these skills which increases price.
Wide range of hours available and there is flexibility:
Monday 9-2:30pmMonday 2:30-7pmTuesday 9-2:30pmTuesday 2:30-7pmWednesday 2:30-7 or 8Thursday 2:30-7Saturday Every other 9-whatever time you want.
Expected hours: 12.0 – 20.0 per week
Benefits: Employee discount, Flexible schedule