



# Weekly Job Postings Room Rentals & Items For Sale

## Looking for a responsible, team oriented LMT to join our wellness collective

### Delhi, NY

Contact Name: Kelsey Adams

Phone Number: 718-473-5376

Email:

[kelsey@interwovenwellnesscollective.com](mailto:kelsey@interwovenwellnesscollective.com)

Salary Range: \$40-\$50 hourly per client depending on years of experience

We are a small group of energy workers, massage therapists, and acupuncturists, looking for another massage therapist to join our wellness center. We are looking for someone who is excited to treat clients from a holistic perspective someone who recognizes that wellness is about supporting the mind, body, spirit in order to bring wholeness and healing. We are looking for a therapist who is a good listener and will address the specific needs of a client in order to create customized care, we do not want a cookie cutter massage technique. We would like someone who is willing to fit into our style of treatment. We prioritize thoughtful and curated treatment to our clients and therefore that is our highest priority in hiring another practitioner to join our team. In a nutshell we are looking for someone grounded, mature with team building goals and willingness to join a holistic practice that prioritizes customized intentional care.

## Zensations Therapeutic Massage is Hiring!

### Rome, NY

Contact Name: April L Cacciatori

Phone Number: 315-725-1029

Email: [zensations316@gmail.com](mailto:zensations316@gmail.com)

Salary Range: \$35-\$60 Hourly

NY Licensed Massage Therapist with liability insurance. Experience is preferred but we will train. We are currently open 7 days a week and are looking to fill daytime, evening, and weekends.

## LMT – Deep Tissue & Swedish

### Saratoga Springs, NY

Contact Name: Tressa B.

Phone Number: 518-583-4019

Email: [tbornt0418@gmail.com](mailto:tbornt0418@gmail.com)

Salary Range: \$25-\$50/hour

Licensed Massage Therapist needed for expanding Saratoga Springs MediSpa! Must specialize in or be proficient in Deep Tissue Massage. We are proud to have won "BEST Spa" and "BEST Massage" in the Saratoga Today's Reader's Poll for each of the last two years. We welcome you to join the region's best MediSpa team! We have exciting per-diem Licensed Massage Therapist positions open for qualified candidates who have the passion and drive for delivering exceptional therapeutic massage treatments in an established, award-winning plastic surgeon's office. Our ideal candidate will have: - Current NYS Massage Therapy License - Must be Proficient in Deep Tissue and Swedish Massage - Be proud to work and contribute as part of a very positive, supportive and collaborative team Further consideration will be given to candidates who have the following experience: - Couples Massage - Foot Reflexology -Hot Stone Massage



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## Massage Therapist + Sign On Bonus

### Clifton Park, NY

Contact Name: Jennifer Delaney

Phone Number: 518-245-9505

Email: [cliftonparkgm@elementsmassage.com](mailto:cliftonparkgm@elementsmassage.com)

Salary Range: Up to \$70k Annually

Elements Massage - Our Goal: To create a safe space so all who enter are respected, feel supported and are provided the opportunity to grow and prosper - both personally and professionally. As a Massage Therapist, wouldn't it be nice to care for clients at a practice where all you do is care for clients? No laundry, no booking responsibilities, no answering phones, no marketing? If this is what you want, then you want to meet the team at Elements Massage. Yes, we are a franchise, but we are different - our owner is local and involved, our team culture is top notch, our compensation package is quite competitive, and our front desk team is there to support you, the Massage Therapist. Don't believe what you have heard about franchises because we are different - with health benefits, paid sick time, a generous retirement plan, a \$2000 join the team bonus and much, much more. Call today to find out who we are, what we have to offer and why our therapists stay with us for years and years and years. Opportunities available for experienced as well as newly licensed New York State LMT's along with limited permit seekers. Call or stop by the studio to learn more.

## Independent Contractor Position for NYS LMT

### Saratoga Springs, NY

Contact Name: Joanie Smith

Phone Number: 518-366-1500

Email: [mysaratogachiropractor@gmail.com](mailto:mysaratogachiropractor@gmail.com)

Salary: \$55-90/hr Plus Tips

Saratoga Sports Massage is a state-of-the-art, modern facility located in a medical office setting next to the Spa State Park in Saratoga Springs. We are looking for a highly skilled NYS licensed massage therapist to join our team of independent-contractor LMTs. As an independent-contractor you would enjoy the flexibility of choosing the hours and days that you wish to work. You have the option to work at other facilities - we do not require a non-compete clause. Saratoga Sports Massage has a huge base of clients, heated electric tables, on-site laundry and ample parking. Our booking system is easy to learn and sends the therapists and clients appointment reminders. If you are interested in joining our team, please send cover letter and resume to [MYSARATOGACHIROPRACTOR@GMAIL.COM](mailto:MYSARATOGACHIROPRACTOR@GMAIL.COM)

All our LMT's are independent contractors. 50% of the service price is paid to SARATOGA SPORTS MASSAGE FACILITY LLC as rent. They retain 50% plus any tip as income and receive 1099's at the end of the year which are reported to the IRS.



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## Licensed Massage Therapist Needed

### Delmar, NY

Contact Name: April M Ashbee

Phone Number: 518-461-8129

Email: [breathemassagedelmar@yahoo.com](mailto:breathemassagedelmar@yahoo.com)

Salary: 60%

Help Wanted: Massage Therapist Are you a skilled massage therapist seeking a rewarding opportunity to make a positive impact on people's well-being? Look no further! Position: Massage Therapist Location: Breathe Massage Therapy, PLLC Delmar, NY About Us: Breathe Massage Therapy is a premier relaxation destination dedicated to providing our clients with top-notch therapeutic experiences. Nestled in the heart of Delmar, our spa offers a serene environment where clients can escape the stresses of daily life and indulge in rejuvenating treatments. Responsibilities: Provide exceptional massage therapy services to clients, tailored to their individual needs and preferences. Maintain a professional and welcoming demeanor, ensuring clients feel comfortable and relaxed throughout their visit. Educate clients on the benefits of regular massage therapy and recommend personalized treatment plans for their wellness goals. Uphold the highest standards of hygiene and sanitation in accordance with industry regulations and spa protocols. Collaborate effectively with other team members to ensure a seamless and enjoyable experience for clients. Requirements: Certified massage therapist with a valid license to practice in the state. Proficiency in a variety of massage techniques, including Swedish, deep tissue, hot stone, and aromatherapy. Ashiastu is a bonus! Excellent communication and interpersonal skills, with a passion for providing exceptional customer service. Ability to work flexible hours, including evenings and weekends, to accommodate client schedules. Previous experience working in a spa or wellness center is preferred but not required. Benefits: Competitive commission with advancements. Access to ongoing training and professional development opportunities to enhance your skills and expertise. Enjoy a supportive and collaborative work environment with a team of dedicated professionals. Opportunity to positively impact the lives of clients by helping them achieve relaxation, stress relief, and overall well-being. If you're passionate about the art of massage therapy and ready to join a dynamic team committed to excellence, we'd love to hear from you! Please submit your resume and a brief cover letter outlining your experience and why you'd be a great fit for our team to April Ashbee 518.461.8129



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## Massage Therapist – Part & Full Time

### Clifton Park, NY

Contact Name: Jennifer Delaney

Phone Number: 518-245-9505

Email: [cliftonparkgm@elementsmassage.com](mailto:cliftonparkgm@elementsmassage.com)

Salary: \$35k - \$75k annual

Elements Massage of Clifton Park Our Why: To create a safe space so all who enter have support and the opportunity to grow and prosper - both personally and professionally. As a Massage Therapist, wouldn't it be nice to care for clients at a practice where all you do is care for clients? No laundry, no booking responsibilities, no answering phones, no marketing? If this is what you want, then you want to meet the team at Elements Massage. Yes, we are a franchise, but we are different - our owner is local and involved, our team culture is top notch, our compensation package is quite competitive, and our front desk team is there to support you, the Massage Therapist. Don't believe what you have heard about franchises because we are different - with health benefits, paid sick time, a generous retirement plan and much, much more. Call today to find out who we are, what we have to offer and why our therapists stay with us for years and years and years. Opportunities available for experienced as well as newly licensed LMT's along with limited permit seekers. Call or stop by the studio to learn more.

## Independent Contractor LMT

### North Greenbush, NY

Contact Name: Melissa or Evan

Phone Number: (518) 286-2225

Email: [theivyspa@gmail.com](mailto:theivyspa@gmail.com)

Salary: \$50K +

Come join our knowledgeable team of massage therapists! Established for over 15 years, our thriving spa with a loyal clientele base is currently looking for an outgoing, upbeat LMT. Part or full time availability. We are commission based, independent contractors and will sponsor recent graduates. If you're excited to join our team, please send your resume to our email address or contact us directly at (518) 286-2225.

## Looking for a Part Time Therapist at Lux

### Troy, NY

Contact Name: Gwen Guarino

Phone Number: 512-663-0172

Email: [gwen.guarino.lmt@gmail.com](mailto:gwen.guarino.lmt@gmail.com)

Salary: Independent Contractor will bring home approx. \$55/hr

Lux is a small office on River St. in Troy near the Monument (and the Market). We have frequent new inquiries and are looking for a therapist who wants to build a practice as an independent contractor. One of our therapists is going on Maternity Leave soon and would like someone to see her clients for a few months while building their own clientele as well. Please contact Gwen for details.

# Weekly Job Postings

## Room Rentals & Items For Sale

### ROOM RENTAL

#### **Schenectady/Rotterdam, NY**

Contact Name: Lorraine Calleri

Phone Number: 518-878-8108

Email: [lorrainecalleri@yahoo.com](mailto:lorrainecalleri@yahoo.com)

Salary Range: Room Rental

Two beautiful rooms are now available for rent in the office of Stepping Stone Massage.

([www.steppingstonemassage.massagetherapy.com](http://www.steppingstonemassage.massagetherapy.com)) This a great opportunity to work with several other seasoned therapists in an accessible, professional, well-established office space. We are seeking private contract therapists who are looking for a great rental opportunity. Many amenities included in rent. Must provide your own linens, blanket, lotion, and music. Rent is \$450.00 per month. Each room is available four days week. (one is M, T, Th, F. and one is M, Th, F, Su.). If more or less days are requested, we can discuss other rental options.

### Licensed Massage Therapist

#### **Greenwich & Troy, NY**

Contact Name: Leah M Meredith

Phone Number: (518)961-3789

Email: [leah.baresoulmassage@gmail.com](mailto:leah.baresoulmassage@gmail.com)

Salary: \$27-\$30/hr

Join our team in Greenwich NY, or Troy NY to grow YOUR strengths and specialties as a therapist, and build relationships with clients as you help them to feel better. NYS Massage Therapy License is required. Preferred availability is at least 2 days per week, Wednesday-Sunday. Pay will be hourly, based on experience and additional certifications.

### Temporary & Permanent LMT Positions (Two Locations)

#### **Halfmoon & Bolton Landing, NY**

Contact Name: Joyce Varriale

Phone Number: 518-665-3511

Email: [halfmoonmassage@gmail.com](mailto:halfmoonmassage@gmail.com)

Salary: 60% Commission which is \$54-\$63 per Hour plus tips

Halfmoon Massage has grown to become a reputable and well-established business in our community since 2006. We are looking for dependable, skilled Licensed Massage Therapists with strong work ethic to join our team as Independent Contractors at the following locations: Halfmoon: Temporary coverage is needed for a maternity leave June-August, with the possibility of an ongoing permanent position. Must be able to work 3-4 weekdays and every Saturday. Bolton Landing: The Lake George tourist season is starting soon! Permanent FT/PT shifts available to work in our new office located on the main road close to many resorts and established local clients. Includes the opportunity to do chair massage at the Bolton Landing Farmer's Market on Friday mornings in July/August to promote yourself and meet potential clients. Commissioned earnings are 60% to start which is \$54-63 per hour plus tips. Must be insured, have excellent customer service and communication skills, and be able to work both independently and as a team. Must be able to perform Deep Tissue Massage, Swedish, Couples Massage and Hot Stone Massage (training available). Certifications/education in other modalities is a plus! Email cover letter and resume to Joyce Varriale at [HalfmoonMassage@gmail.com](mailto:HalfmoonMassage@gmail.com)





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## Massage Envy - Niskayuna

### Niskayuna, NY

Contact Name: Julia Englehardt

Phone Number: (518) 370-3689 Ext. 2110

Email: [niskayuna.operations@massageenvy.com](mailto:niskayuna.operations@massageenvy.com)

Salary: \$25/hr + tips & commission

Where Better Careers Begin! Massage Envy -Niskayuna: 410 Balltown Rd., Schenectady, NY 12304 Are you looking to grow your career with a team that values, supports & empowers you? The difference you'll make in clients' lives is the biggest reward for any massage therapist, but our environment helps you enjoy more of what you love about your work. At the Massage Envy Niskayuna franchise, we support and inspire you to be your best inside and outside the treatment room. Perks & Pay: \$500 Sign on BONUS Competitive base pay of \$30/ hr plus tips, bonuses, and commissions Healthcare including supplemental insurances such as Dental, Accidental, Hospital and More! FREE Revive Telehealth Urgent Care Discretionary matching 401(k) Paid Vacation and Sick Pay Annual AMTA membership with insurance at no cost to you 20+ free continuing education courses every year Employee referral bonus program Employee Assistance Program A flexible schedule for a better work/life balance Employee Membership and service discounts Paid Trades Deep Tissue Compensation 30% off all SkinCare products and 15% off all other retail Qualified Candidates: Have a minimum of 500 hours of massage therapy school and a certificate of completion Satisfies all licensing requirements to perform services in New York Have a passion for helping others feel their best Are excited to bring their unique style to the treatment room Are eager for growth and desire to build on their modality mastery Day-to-Day: Perform quality, therapeutic bodywork that meets clients' needs Communicate with clients to identify their needs and set clear expectations Stay connected to clients throughout each session to achieve the goals of each service Recommend follow-up visits and additional services to help clients pursue their wellness goals Culture & Support: Trained leadership that is invested in YOUR success Award programs (like Therapist of the Year) A self-care program that gives you the tools to prolong the career you love A caring community that strives to celebrate individuality and share knowledge Front desk teams dedicated to scheduling appointments and upkeeping treatment rooms If you're ready to join a growing community with experienced professionals who share your same passion, we can't wait to meet you!

\*ME SPE Franchising, LLC ("ME SPE") is a national franchisor of independently owned and operated franchised locations. The franchisee for each individual franchised location, not ME SPE, Massage Envy Franchising, LLC ("MEF"), or any of their affiliates, is the sole employer for all positions posted for a location, and each franchisee is not acting as an agent for ME SPE, MEF, or any of their affiliates. Hiring criteria, benefits and compensation are set by each franchisee and vary by location.



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## Health & Wellness Day for Teachers

### Colonie, NY

Contact Name: Stephanie Cook  
Phone Number: 518-456-2306 ext.  
2210

Email: [cooks@scolonie.org](mailto:cooks@scolonie.org)

Salary Range: Volunteer

We are hosting a health and wellness day for teachers and were looking for massage therapists to donate some time to offer chair massages from about 10am-2pm. Please email Stephanie at [cooks@scolonie.org](mailto:cooks@scolonie.org) or call at (518) 456-2306 ext. 2210 to discuss

## Massage Therapist

### Amsterdam, NY

Contact Name: Jason Ambesi

Phone Number: 518-281-1859

Email: [americanbeardandbody@gmail.com](mailto:americanbeardandbody@gmail.com)

Salary: 60-75% commission

americanbeardbody.com Seeking spa like minded people to share space with an active barbershop in Fonda, NY. 3 spaces that separate the client experiences, but we the shops dynamic will create wealth for all. Low fixed expenses, \$500.00 or less per month for booth rent and 60-75% commissions. I may be interested in providing the equipment too, with a lower % acceptance.

Even if you're already working full time elsewhere, there are one day and two day a week spots available per week. We were just awarded the opportunity to cut Autistic children in 6 Counties too. At the shop we offer the ability to close one weekend a month too, for those in need of special services and we have a safe room. The shop sees 19,000 cars a day pass us daily, with a daily population of 115,000 people. 4 Schools, warehouse distributions, Etc.

We are starting to hire spray tanning technicians with a hopeful kick off for May, in time for Prom. If anyone is interested in this, I can put you in contact with one of our current female staff members. The shop will not be cutting hair, during the tanning process to ensure a safe tanning place, without men present. We have segregated areas and locker room to ensure privacy.

I can not handle the high demand and I am turning away on average 4-10 clients a day, and we have just opened April 01, 2024. People are begging me for the services I am hiring for as there are no services in the general area, unless you travel 30-60 minutes away. People want convenience.